## Rising Stars Swimming Gala

## Sunday 27th November 2016 5.00pm - 8.00pm, warm up 5.10pm - doors open 5.00pm Venue: Shipley Pool

The Bradford Swimming Development Group invites your entries for the Rising Stars Gala on Sunday $27^{\text {th }}$ November.

The Gala entry is limited to members of the 5 clubs in the Bradford Swimming Development Group which are Bradford Dolphin, Bradford, Bingley, Ilkley and City of Bradford. In the case of City of Bradford - this gala is only open to members who are also members of one of the 4 other clubs.

You must be aged between 8 and 14 inclusive on the day of the gala to enter.
Maximum entry times have been set, so if you have swum faster than the times below in a meet with electronic timing your entry will be automatically rejected. Manual times at club galas, B\&D, A\&W or K\&D galas are allowed. (ie you will not be rejected on the basis of these times) and we encourage you to enter these times so the heats can be seeded correctly.

Medal and ribbons will be awarded for places 1 to 6 in each age group 8, 9, 10, 11, 12, 13 and 14.

| Event | Age Group | Distance | Stroke | Event | Age Group | Distance | Stroke |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1/2 | 9-10 years boys/ girls | 50m | Backstroke | 3/4 | 11/14 years boys/ girls | 50m | Backstroke |
| 5/6 | 8 years boys/ girls | 25 m | Backstroke | 7/8 | 9-10 years boys/girls | 50m | Breaststroke |
| 9/10 | 11/14 years boys/ girls | 50 m | Breaststroke | 11/12 | 8 years boys/ girls | 25 m | Breaststroke |
| 13/14 | 9-10 years boys/ girls | 50m | Butterfly | 15/16 | 11/14 years boys/ girls | 50m | Butterfly |
| 17/18 | 8 years boys/ girls | 25 m | Butterfly | 19/20 | 9-10 years boys/ girls | 50m | Freestyle |
| 21/22 | 11/14 years boys/ girls | 50 m | Freestyle | 23/24 | 8 years boys/ girls | 25m | Freestyle |
| 25/26 | 9-10 years boys/ girls | 100m | Individual Medley | 27/28 | 11/14 years boys/ girls | 100m | Individual Medley |

Qualifying Times: You must not have swum an electronically recorded time faster than the times below.

|  | Boys |  |  |  |  |  | Girls |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Event | 8 | 9 | 10 | 11 | 12 | 13/14 | 8 | 9 | 10 | 11 | 12 | 13/14 |
| 25/50 Freestyle | 0:19.00 | 0:40.70 | 0:38.00 | 0:35.90 | 0:33.90 | 0:32.10 | 0:20.00 | 0:41.10 | 0:38.50 | 0:36.50 | 0:34.70 | 0:33.30 |
| 25/50 Breaststroke | 0:26.00 | 0:53.20 | $0: 49.60$ | 0:46.50 | 0:43.70 | 0:40.70 | 0:27.00 | 0:54.20 | 0:50.00 | 0:46.70 | 0:44.00 | 0:42.10 |
| 25/50 Butterfly | 0:21.00 | 0:45.90 | $0: 42.40$ | 0:39.60 | 0:37.50 | 0:35.30 | 0:22.00 | 0:46.50 | 0:42.40 | 0:40.10 | 0:37.90 | 0:36.40 |
| 25/50 Backstroke | 0:22.00 | 0:46.90 | 0:43.60 | 0:41.20 | 0:39.00 | 0:36.50 | 0:23.00 | 0:47.30 | 0:43.80 | 0:41.40 | 0:39.30 | 0:37.70 |
| 100 Individual Medley |  | 1:43.80 | 1:36.20 | 1:30.90 | 1:26.00 | 1:20.70 |  | 1:45.30 | 1:38.30 | 1:31.30 | 1:26.40 | 1:22.60 |

TEAR OFF HERE $\qquad$

|  |  | Stroke | Entry Time |
| :---: | :---: | :---: | :---: |
| Club |  | Freestyle |  |
| Name |  | Backstroke |  |
| Date of Birth | Age on Day | Breaststroke |  |
| Male/Female |  | Butterfly |  |
| ASA Number |  | Individual Me |  |
| Parents Name |  | Entry Fee £ 3. | er event |
| Contact Phone No: |  | Method of Pa |  |
| Email Address |  | Cash | Cheque |

Please complete all of the details on this form and return it, together with payment by cheque or cash to your club coach or Meet Co-ordinator. Cheques should be made payable to your club - Entries must be submitted by Wednesday 23rd November 2016.

